



# Salisbury Heights Canteen Price List

Summer Menu Terms 4 and 1

STARTING October 2019

<b>Sandwiches</b>		<b>Hot Foods</b>		<b>Snacks</b>	
White/Wholemeal/Multigrain/Gluten free		Chicken Nuggets	each 60c	Jelly stick	20c
Vegemite	1.70	Tuna and Corn Pasta Bake (HM)	3.60	Sultanas	20c
Cheese	2.10	Mini Pizza – Ham and Pineapple (HM)	3.00	Popcorn (GF)	80c
Cheese and Vegemite	2.40	Mini Pizza – BBQ Chicken (HM)	3.50	Muffins (HM) (assorted fruit)	80c
Egg	2.70	Spaghetti Bolognaise (HM)	3.60	Fresh fruit	80c
Ham	2.70	Yoodles (GF)	2.50	Apple slinky	1.00
Salad	3.50	Nachos	3.00	Corntos (GF)	1.00
Ham or Cheese and Salad	4.00	Mini Quiche (HM)	2.00	Yoghurt	1.00
Roast Chicken	3.20			Cookies	1.00
Roast Chicken w/Salad	4.30	Vegie Burger (HM)	4.50	JJ Crackers	1.50
Tuna	3.20	- With lettuce, cheese and tomato		Honey Soy/Sea Salt Chips	1.50
<b>Wraps</b>	add 30c	Chicken Burger (HM)	4.50	Trail mix	2.00
<i>Standard Salad</i> – Lettuce, Tomato		-With lettuce, cheese and tomato			
Cucumber and Grated Carrot		Beef Burger	5.00	<b>Ice Blocks</b>	
		-With lettuce, cheese and tomato		Froyo bites	10c
<i>All Extras</i>		Add sauce or mayo	30c	Frozen orange wedges/tropical cubes	20c
Cheese, Beetroot, Pineapple, Lettuce, Tomato	50c			Fruity Ice	50c
Cucumber and Grated Carrot		Hot dog plain/sauce	3.00	Quelch (GF)	60c
		Hotdog with cheese/sauce	3.50	Zing	1.00
Tomato Sauce, Mustard, Mayonnaise, Butter, aioli, BBQ	30c	Honey Soy Chicken Drumstick (GF)	2.00	Icecream in a cone	1.00
		Oven baked Hash brown	1.50	Frozen Cups (GF)	1.00
<b>Toasted Sandwiches</b>		Corn on the cob	1.00	Orange or Apple/Black currant or milo (HM)	
Cheese	2.30			Moosies (GF) Chocolate	1.50
Cheese/Tomato or Cheese/vegemite	2.60	Sausage Roll	3.20	Twisted Frozen Yoghurt (GF)	2.50
Ham/Cheese	3.20	Junior Snack Pie	3.20		
Ham/Cheese/Tomato	3.50	Tomato Sauce	30c		
Chicken/Cheese	3.50			<b>Drinks</b>	
Ham or Chicken, cheese/pineapple	4.00	<b>Salad of the week</b>	4.50	Plain milk in a cup	50c
				600ml Water	1.50
		<b>Bi-Weekly Special</b> (HM)	5.50	Small Flavoured Milk (GF)	2.50
		Check the Newsletter or come and ask us		Fruit Box	2.00
				Fruit Juice	2.40
				Slushy	2.50

**Note- For each item ordered please use a separate bag and make sure you write your name and class number**

(GF) = Gluten Free

(HM) = Handmade on site

Green Category – Recommend Products be consumed on a daily basis    Amber Category –Recommend Products be consumed occasionally





**HONEY SOY DRUMSTICK \$2.00**

**SAUSAGE ROLL W/SAUCE \$3.50**

**NUGGETS .60c EACH**

**SANDWICHES FROM \$1.70**



**TRAIL MIX \$2.00**



**MINI MUFFINS .80c**



**FRESH BAKED COOKIES \$1.00 EACH**



**POPCORN 80c A BAG**



**APPLE SLINKY \$1.00**



**600ML WATER \$1.50**



**FRUIT BOXES \$2.00**



**QUELCH 60c**