



SALISBURY HEIGHTS

P R I M A R Y S C H O O L

SUN SMART POLICY



Government of South Australia
Department for Education

Related policies, procedures, guidelines, standards, frameworks	<ul style="list-style-type: none">- Education Act 1972- Department for Education Attendance Policy
Approved by:	<ul style="list-style-type: none">- Governing Council
Approval date:	<ul style="list-style-type: none">- 7/8/24
Review date:	<ul style="list-style-type: none">- 2027

Salisbury Heights Sun Smart policy

Excellence and Care

Scope

This policy applies to all school activities and events, both on and off-site.

Rationale

A balance of ultraviolet (UV) radiation exposure is vital for health. Excess UV radiation can cause sunburn, skin and eye damage, and skin cancer. In contrast, too little UV radiation can result in vitamin D deficiency, which is essential for healthy bones, muscles, and overall well-being.

Sun exposure during childhood and adolescence significantly impacts future skin cancer risk. Sensible sun protection during times when UV levels are 3 and above does not compromise vitamin D levels.

Objectives

This policy aims to:

- Encourage the school community to implement sun protection when the UV Index is 3 or above.
- Promote a safe environment by increasing shaded areas for students, staff, and visitors.
- Support students to take responsibility for their sun safety.
- Ensure families and new staff are aware of the school's sun protection practices.



Procedures

1. Policy Implementation Times

- Staff are encouraged to check daily UV protection times via:
 - SunSmart Global UV App
 - SunSmart widget
 - MyUV.com.au
 - Bureau of Meteorology website
- Sun protection measures apply during **Terms 1, 3, and 4**, and at any time UV levels reach 3 and above.

2. Scheduling Outdoor Activities

- The policy is enforced from **1 August to 30 April**, and during Terms 1, 3, and 4.
- Promoted regularly through newsletters, website, and community forums.
- Outdoor events (camps, excursions, sports, water activities) consider sun safety.
- Peak UV times (to be avoided where possible):
 - **11:00 am – 3:00 pm** during daylight saving
 - **10:00 am – 2:00 pm** outside daylight saving

Peak UV times of the day are when the UV is highest during the daytime and differ from the local sun protection times issued by the BOM, which change daily. For an implementation guide peak UV times of the day are 11.00 am-3.00 pm during daylight savings and 10.00 am-2.00 pm during non-daylight savings.

3. Sun Protection Measures

a. Hats

- Required: Broad-brimmed, legionnaire, or bucket hats.
- Enforcement:
 - No hat = exclusion from outdoor activity.
 - Students without hats during recess/lunch = directed to shaded areas.

b. Clothing

- Sun-protective clothing is part of the school uniform.
- Recommended: Collared tops, long sleeves, closely woven materials, and rash tops for swimming.
- Non-compliant students are directed to play in shaded/protected areas.



c. Sunscreen

- SPF 50+, broad-spectrum, water-resistant sunscreen is available in classrooms and during excursions.
- Students are encouraged to:
 - Apply sunscreen **20 minutes before outdoor activity**.
 - Reapply every **2 hours**.
- Families of children with sensitive skin must supply appropriate sunscreen.
- Students are encouraged to apply sunscreen before arriving at school.
- Supervision and assistance are provided as needed, with **written parental permission**.

d. Shade

- Staff use shaded areas as much as possible and encourage students to do the same.
- Students without hats or sun-safe clothing = shade play or return indoors.
- Excursion planning includes assessment of shade availability.
- Governing Council ensures sufficient shade infrastructure and future planning includes shade provisions.

e. Sunglasses (Optional)

- Encouraged: Wraparound sunglasses meeting AS/NZS 1067 (lens category 2, 3 or 4).
- **Novelty tinted glasses are not recommended.**

4. Staff WHS & Role Modelling

Alternatively, UV risk controls for staff can be covered in a separate Work Health and Safety policy.

- Staff are expected to:
 - Wear sun protective hats and clothing.
 - Use sunglasses and sunscreen when UV is 3+.
 - Seek shade where possible.
- Families and visitors are also encouraged to follow these practices during school events.
- WHS-related UV controls may be further detailed in the school's separate WHS policy.



5. Learning & Development

- Sun protection education is embedded in the curriculum across all year levels.
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6. Policy Promotion

- Communicated via:
 - Newsletters
 - Website
 - Parent meetings
 - Staff meetings
 - Assemblies
 - Enrolment packs
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7. Policy Review

- This policy will be reviewed **every three years**, or as required.
 - Stakeholders (families, staff, Cancer Council SA) will be informed of significant updates.
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Legislation

- *Work Health and Safety Act 2012*



Relevant Resources

- **Generation SunSmart – Online Professional Development**
Primary & Secondary Staff Modules
- **Generation SunSmart – Student Learning Modules**
School Students & Community
- **Twinkl Curriculum Resources**
[Foundation – Year 6 Sun Safety Resources](#)
- **SunSmart Literature Activities**
[Over 20 themed picture books](#)
- **SunSmart Hat-Wearing Toolkit**
[Hat Compliance & Tips](#)

